

Coming to a retreat at Cedar Springs?

Here's what you should know!

What to Bring:

Here are some specific items we suggest you bring to Cedar Springs:

- Good walking shoes
- Reusable water bottle (there are water bottle fill stations in Chalet & Forest Meeting Spaces)
- Jacket or sweatshirt for the evenings
- Sunscreen & bug repellent for getting out on the hiking trails (seasonally)

Note: Linens, towels, shampoo, conditioner, soap, and hairdryer are provided.

What to Expect:

- Gardens & Trails
 - Cedar Springs has 8-acres of manicured gardens and 4 miles of hiking trails for you to explore!
 - Trail maps are located inside the entrance to your meeting room.
 - Some of the trails are steep, muddy, or have large drop-offs. Please be cautious as you hike and bring appropriate shoes to wear. If hiking alone, let someone know where you will be going.
- Food
 - Here at Cedar Springs, we serve food “family style” around the table so no need to wait in buffet lines! The food goes out directly from the oven to your table. And when you’re done, you can just get up and leave and we will take care of the dishes for you!
 - We accommodate four special diets: gluten free, dairy free, vegetarian, and vegan. Please let your group leader know if you need any of these special diets so that we can be prepared.
 - To get the best Cedar Springs food experience, please arrive at meals promptly when they are scheduled to start and enjoy the delicious recipes that our cooks have come up with for you!

Pet Policy:

- Can I bring my pet with me to Cedar Springs?
 - We do not allow any pets on our grounds. If you have a service animal that you would like to bring with you, please contact us at info@cedarspringsrc.org about our service animal policy.

How to Find Your Lodge:

- Cedar Springs address is **4700 Minaker Rd. Sumas, WA 98295**. That will bring you to the base of our driveway.
- **Chalet Lodge** – Proceed up the driveway. Continue straight until the road curves past the office to the left. You’ll see the portico for the Chalet Lodge up to the right.
- **Forest Lodge** – Proceed up the driveway and take the first right up the hill.
- **Chapel & Fireside Lodges** – Proceed up the driveway and take the first left. Follow that road up the hill and continue straight. Chapel Lodge borders the parking lot. Fireside Lodge can be accessed from the parking lot by walking behind Chapel Lodge.